

## How is Liposculpture performed?

A thin, hollow, blunt instrument (typically 2mm - 4mm in diameter) called a cannula is used to remove unwanted fat deposits. The cannula is inserted through a tiny incision placed in an inconspicuous location near the area to be treated. Unwanted fat is removed through the cannula by a high-pressure vacuum, with micro-cannulas used to provide more precise sculpting.

Tumescent anesthetic fluid is used during the procedure to liquify the fat, enabling it to flow through even the smallest cannula.

Impressively there is no need to remove excess skin with surgery. The skin is a dynamic organ which has elasticity and in most cases shrinks to accommodate the new body contour.

## How long do results last?

Liposculpture removes fat cells permanently. With weight gain, new fat will generally not return to treated areas.

A person who has liposculpture at age 40 may well have the benefits for more than half his/her life when combined with exercise and a proper diet. Liposculpture can improve appearance and self-esteem for a lifetime.

## Cost-Affordability

Liposculpture is an affordable esthetic medical procedure. It is generally not covered by medical insurance. However, since it is an outpatient procedure and does not usually require general anesthesia, we avoid the cost associated with outpatient surgery centers, hospitalization, and medical anesthesiology personnel.

Our experience and competitive pricing, combined with our patients' results have made the Center for Laser & Cosmetic Surgery and the New York Liposculpture Center<sup>SM</sup> the leader and best value in *Liposculpture*.

## Facilities

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Joshua L. Fox, MD, Medical Director

## Liposculpture

...for the shape  
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## What kind of people opt for Liposculpture?

Liposculpture is for those who want to reward themselves with a streamlined, more flattering appearance.

The benefits are especially advantageous to:

- People who are in shape but have areas on their bodies that are resistant to diet and exercise.
- Women who have had children and are concerned about the accumulations of fat that childbearing brings.
- Men who have developed love handles above the hips, or accumulations of fat over the abdomen or breast area.
- These may be the result of hereditary or other factors unrelated to overall fitness.
- Those who have been significantly overweight and who have lost weight or are nearing their fitness goals, but still have problems with local stubborn fat accumulations.
- Overweight patients with fatty areas out of proportion to their body.
- Men and women with "double chins" who wish a more streamlined jawline definition.

## What areas of the body are treated with Liposculpture?

Virtually every area of fat accumulation can be treated with liposculpture. Most common areas include: *double chins, inner and outer thighs, abdomen, back, hips, flanks or "love handles," and waist.*

We employ the most effective up-to-date methods to treat our patients. We specialize in liposculpture, the most advanced technique in body contouring to date. We use the latest proven innovations and techniques in this field.

Liposculpture improves body symmetry by permanently removing fat deposits that develop between the skin and muscle tissue, resulting in an attractive, slimmer, more shapely physique.

*Before*



*After*



*Double Chin*



*Inner & Outer Thighs*



*Saddle Bags/Buttocks*



*Stomach*

*Lipotransfer* - The fat removed during the procedure can be used immediately or saved for a later time to fill in wrinkles on the face, enhance lips or fill in thin vein covered hands. We can also perform this as an independent procedure.

## Is Liposculpture the same as Liposuction?

Also known as tumescent liposuction, *Liposculpture* differs considerably from conventional liposuction. It is safer and less traumatizing to the body because it employs miniaturized instruments for extraction, and requires only local tumescent anesthetic.

Benefits of tumescent liposculpture versus liposuction include vastly reduced bruising, minimal blood loss, and decreased pain both during and after the procedure.

In addition, a much more refined result is possible than with conventional liposuction. Since the patient can stand or kneel during the procedure, critical esthetic adjustments can be made as the procedure is performed. Thus, the figure can be sculptured more evenly and skillfully to create a superior result, with smoother appearance and better skin retraction.

## Procedure & recovery time

*Liposculpture* is a very safe outpatient procedure with few risk factors. Approximately three to four hours are required to perform the actual procedure, and patients are encouraged to remain active immediately following the procedure.

Our patients enjoy a rapid recovery time and are usually back at work within a few days. Most normal activities can be resumed within a week. However, high impact aerobics and jogging are best left until a few weeks following the procedure.