



The road to smoother looking skin begins here...

If you have ever looked at yourself and wondered what you could do to make your skin softer... if you vaguely remember that fresh glow you once had... or wished you could do something about those unsightly marks on your skin, stop wondering. We may have a solution. **Microdermabrasion.**

Advanced Dermatology, PC

At our Center for Laser and Cosmetic Surgery, our team of highly acclaimed dermatologists and caring professionals offer the very best medical attention possible. Utilizing the most up-to-date technology, we perform the latest in laser and cosmetic procedures.

Each of our board certified/board eligible physicians is an expert in his or her specialty and is an active lecturer, media guest, or published author. We are proud of our training credentials and the opportunity to provide you with excellent medical, cosmetic and laser care at an affordable price.

Facilities

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Phone (212) 787-2929

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Phone (718) 357-8200

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Phone (516) 625-6222

160 Commack Road, Commack, NY 11725

Phone (631) 499-1200

510 Montauk Hwy, West Islip, NY 11795

Phone (631) 587-1132

2500 Nesconset Highway, Building #9B

Stony Brook, NY 11790

Phone (631) 689-3188

For directions to our offices or for more information on lasers, cosmetic procedures and medical conditions visit us at

www.AdvancedD.com

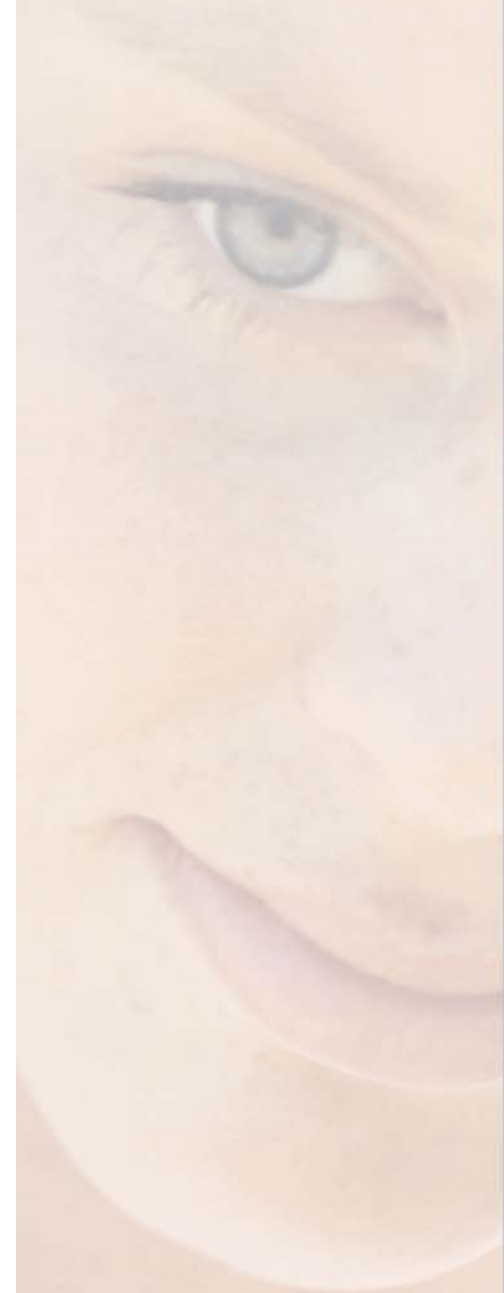
ADVANCED DERMATOLOGY P.C.

CENTER FOR LASER & COSMETIC SURGERY

Joshua L. Fox, MD, Medical Director

Microdermabrasion

...your way to smoother looking skin.



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What is Microdermabrasion?

Microdermabrasion is a simple nonsurgical, nonchemical procedure that has been shown to be effective in reducing the appearance of fine lines, age spots, acne scars, stretch marks, and other mild skin imperfections around the face, neck, and hands. The procedure helps improve uneven pigmentation in the skin and can reduce the size of enlarged pores. Several published studies have even shown microdermabrasion to stimulate new collagen formation and thicken the skin — giving the skin a tighter, younger look, feel and glow.

Using a small hand piece that carefully delivers tiny crystals onto the skin, we will gently exfoliate the uppermost layers of the skin. Through this light scraping technique, under suction, dead flaky cells are removed, pores are unclogged, and the production of new cells and collagen is stimulated.

The unwanted skin is vacuumed away, revealing a fresh, new layer. Treatments are provided in multiple sessions, generally scheduled 2 to 4 weeks apart, with each session usually taking less than 30 minutes. The number of treatments needed depends on the state of your skin, as determined by your physician. However, improvements to your skin can be seen immediately.

Usually, two passes are performed, often at different power settings. Occasionally, we may concentrate on a problematic area.

The procedure has been proven safe and effective for the treatment of fine lines and wrinkles, sun-damaged skin, acne/acne scars, excess oils, blackheads/whiteheads, stretch marks, pore size and superficial age spots. For more dramatic improvement we suggest some of our other laser devices like Fraxel®, Thermage®, Laser Resurfacing with carbon dioxide and/or Erbium, Smoothbeam®, Lyra® or other devices such as Quantum IPL®. Additional information about these treatments can be found on our website. Specific brochures are available in our office.

Because this technique is quick, noninvasive and results in virtually no long-term patient discomfort, it has become one of the most popular cosmetic skin care procedures today.

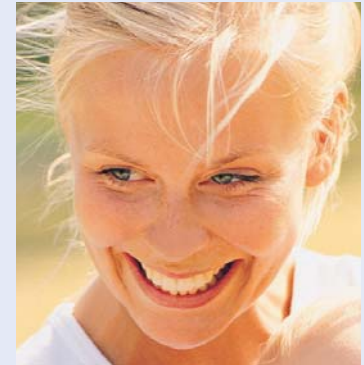
Before



After



Before and After photos courtesy of Esthetic Solutions



What are the benefits of Microdermabrasion?

- Microdermabrasion is a nonsurgical procedure; no anesthesia is required
- Newly exposed skin gives a healthy, fresh, smoother appearance
- Virtually no significant recovery time necessary; no need to delay regular activities “lunch time peel”
- Microdermabrasion is ideal for people who react negatively to chemicals
- May help brighten dull, textured, sun-damaged skin.
- Can be used to treat any skin type or skin color — from the darkest skin color, for which many laser treatments are restricted, to the fairest skin colors
- It is a quick, simple, low-cost procedure that results in minimal to no discomfort.

To find out more about Microdermabrasion, please call our office to schedule a consultation. We will be happy to discuss how microdermabrasion can work for you.