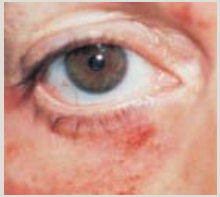


before laser treatment

## What kind of results can be expected?

Once the final results appear, resurfacing patients will have a new quality of skin with a fresher, smoother appearance.



4 days after laser

In the initial consultation with our doctors, resurfacing candidates should be frank about their expectations and ask any questions they may have. By fully understanding the benefits and risks of the procedure, the patient can make an educated and thoughtful decision.



6 days after laser

## Recovery Time

Generally, it takes 5 to 7 days for the skin to rejuvenate after resurfacing is done with the Erbium laser and 10 to 14 days with the CO<sub>2</sub> laser. A few weeks are generally required for the new



13 days after laser

skin to lose its pinkness or redness, and to change to its natural color. With CO<sub>2</sub> laser, pinkness may last somewhat longer.

Cosmetics may be used to cover any pinkness. While the skin is pink, sun must be strictly avoided.

## Cost-Affordability

Our experience and competitive pricing, combined with our patients' results have made Advanced Dermatology and the Center for Laser and Cosmetic Surgery the leader and best value in laser resurfacing.

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## Facilities

130 West 86th Street, New York, NY 10024

Phone (212) 787-2929

58-47 188th Street, Fresh Meadows, NY 11365

Phone (718) 357-8200

165 Roslyn Road, Roslyn, NY 11577

Phone (516) 625-6222

160 Commack Road, Commack, NY 11725

Phone (631) 499-1200

510 Montauk Hwy, West Islip, NY 11795

Phone (631) 587-1132

2500 Nesconset Highway, Building #9B

Stony Brook, NY 11790

Phone (631) 689-3188

**For directions to our offices or for more information on lasers, cosmetic procedures and medical conditions visit us at**

**[www.AdvancedD.com](http://www.AdvancedD.com)**

**ADVANCED DERMATOLOGY P.C.**

**CENTER FOR LASER & COSMETIC SURGERY**

Joshua L. Fox, MD, Medical Director

## Laser Resurfacing

Turn back the hands  
of time.

**ADVANCED DERMATOLOGY P.C.**  
CENTER FOR LASER & COSMETIC SURGERY



## Turn back the hands of time

There's no need to resign oneself to facial lines, wrinkles, growths or scars. With today's laser technology, people who want more from their physical appearance can turn back the clock to a time when their skin was smoother, more youthful, and vibrant.



Our doctors at the Center for Laser & Cosmetic Surgery are experts in the field of laser technology. We have lectured nationally, published extensively, and have served as laser consultants for newspapers, magazines, radio and television. We use state-of-the-art equipment and techniques to gently remove the top layers of skin, effectively reorganizing the skin's structure, and reducing the visible signs of sun damage, scarring, and time.

## What are Lasers and how do they work?

The word **LASER** is an acronym for **L**ight **A**mplification by the **S**timulated **E**mission of **R**adiation.

Surgical lasers emit short, intense bursts of light, strong enough to vaporize the outer layer of the skin while preserving the underlying skin tissue. Carbon Dioxide (CO<sub>2</sub>) lasers function at 10,600 nm wavelength, while Erbium lasers operate at 2.94 microns. Depth of penetration can be precisely controlled - even to 30 millionths of an inch.

Smoother and softer skin grows back at the treated area within five to ten days.

## What are the benefits of Laser Resurfacing?

- The greatest benefit of laser skin resurfacing is the positive effect that a natural, more youthful appearance can have on an individual's life and self-confidence.
- Laser resurfacing corrects fine lines, wrinkles and dark circles around the eyes, creases around the mouth, and smoothes and softens the entire complexion. Some find it helps reduce the size of pores.
- There is no facial distortion or "plastic look" as in some face lifts. Also unlike face lifts, you are given new healthier skin and are apparently at lower risk for skin cancer.
- Uneven pigmentation, and all types of scarring are improved through laser resurfacing. Even stretch marks may be helped by a combination of lasers and creams in a procedure innovated by our doctors.

*Before*

*After*



*Acne Scarring*



*Acne & Acne Scarring*

*Before*

*After*



*Wrinkles & Age Spots*



*Lip Wrinkles*



*Dark Circles & Crow's Feet (Wrinkles)*



*Deep Wrinkles*



*Keratosis (Growths)*